

January 30, 2022

Good Morning William,

I feel flattered for an opportunity to add to the corporal's work of charity the CAN group do at the Christ House.

The CAN group is great with hands-on innovative initiatives on how to access employment services, job readiness and essential skills, information sessions, plus one-to-one job coaching and guidance to accessing financial resources. Helping all residents at Christ House to stay resilient and get back to work.

The CAN group is committed to fostering Christ House residents built around hope. Hope for the future. Hope for better. Hope for progress. Hope in Jesus.

As one of the residents of Christ House we all come from a variety of backgrounds but we have found oneness in Christ. Naturally, because we are a collection of diverse individuals, each of us has slightly different values regarding how we serve Christ. Yet, certain commonly held key values unify our efforts, that is the hope that one can grow here at his own pace and discover the boundless grace of God and His offer of a great life now and forever.

But for some of the residents based on the circumstance of their birth and history, when as a child, one has a less than optimal attachment experience as a result of exposure to trauma, adversity, neglect, and other conditions of toxic stress, the damage to the normal development of body, brain, mind, and soul can be extensive, but may have differential effects across different kinds of abilities, at different ages, in different people, even those within the same families. Even with the better angels of the CAN group nature that are willing to under these conditions still go beyond what comes easily or naturally but nevertheless the CAN group who come into this kind of caregiving setting (Christ House), therefore, are likely not to have simple problems but instead have very complex, interrelated problems that are often related to inadequate integration of complex brain functions of these residents.

In conclusion, as you can see, some of the residents their confidence and self-esteem has been dampened as result of the vicissitudes and checkered life history.

Again, thank you for this opportunity and it is a great idea to brainstorm regarding the residents of Christ House, meaning to also hear from other past residents who can be spot-on and assertive.

Your Friend,
Frank